

WIN THE BATTLE OVER TEMPTATION 1 CORINTHIANS 10:12-14

SERIES: RESILIENCE IN THE LIFE OF THE BELIEVER

¹³ No temptation has overtaken you that is not common to man. God is faithful, and he will not let you be tempted beyond your ability, but with the temptation he will also provide the way of escape, that you may be able to endure it. **1 Corinthians 10:13 (ESV)**

1. THE TARGET OF TEMPTATION

¹³ Every test that you have experienced is the kind that normally comes to people. But God keeps his promise, and he will not allow you to be tested beyond your power to remain firm; at the time you are put to the test, he will give you the strength to endure it, and so provide you with a way out. **1 Corinthians 10:13 (TEV)**

²¹ You cannot drink the cup of the Lord and the cup of demons; you cannot partake of the table of the Lord and the table of demons. **1 Corinthians 10:21 (NASB)**

- The church of Jesus Christ is Satan's most strategic target for temptation. In 1 Corinthians 10, Paul addresses the new life in Christ and old appetites.

2. THE COMMONALITY OF TEMPTATION

¹³ No temptation has seized you except what is common to man.
1 Corinthians 10:13a (NIV)

¹⁵ For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are—yet was without sin. ¹⁶ Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need. **Hebrews 4:15-16 (NIV)**

- Temptation is like a fork in the road – we must choose a way to go.

3. THE CONTROLLED ENVIRONMENT OF TEMPTATION

¹³ And God is faithful; he will not let you be tempted beyond what you can bear.
1 Corinthians 10:13b (NIV)

⁸ We do not want you to be uninformed, brothers, about the hardships we suffered in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired even of life. ⁹ Indeed, in our hearts we felt the sentence of death. But this happened that we might not rely on ourselves but on God, who raises the dead. ¹⁰ He has delivered us from such a deadly peril, and he will deliver us. On him we have set our hope that he will continue to deliver us, **2 Corinthians 1:8-10 (NIV)**

4. THE CERTAIN ESCAPE OF TEMPTATION

¹³ But when you are tempted, he will also provide a way out so that you can stand up under it. **1 Corinthians 10:13c (NIV)**

¹⁷ Therefore he had to be made like his brothers in every respect, so that he might become a merciful and faithful high priest in the service of God, to make propitiation for the sins of the people. ¹⁸ For because he himself has suffered when tempted, he is able to help those who are being tempted. **Hebrews 2:17-18 (ESV)**

5. THE TEMPTATION TAMER'S CHECKLIST

- Recognize the possibility of temptation (1 Cor. 10:12)
- Request help in time of temptation (Matt. 6:13)
- Resist Satan and he will flee from you (James 4:7)
- Retreat from certain kinds of temptation such as idolatry, immorality and greed. (1 Cor. 10:14, 6:18; 2 Tim 2:22; 1 Tim 6:10-11)
- Remove any means of sin far from you (Prov 4:14-15; Rom 13:14)
- Replace bad influences with good ones Prov 13:20; 1 Cor 6:14)
- Resolve to take the high road (Rev 3:15-16; Phil 4:14)