

Sermon Notes for November 15, 2020

## CONFRONTING GUILT – Psalms 32 and 51

### SERIES: *RESILIENCE IN THE LIFE OF A BELIEVER*

<sup>10</sup> As it is written: "There is none righteous, no, not one; **Romans 3:10 (NKJV)**

<sup>1</sup> Blessed is he whose transgression is forgiven, Whose sin is covered.

**Psalm 32:1 (NKJV)**

## INTRODUCTION: DAVID AND THE STRONGHOLD OF GUILT

<sup>1</sup> Then it happened in the spring, at the time when kings go out *to battle*, that David sent Joab and his servants with him and all Israel, and they destroyed the sons of Ammon and besieged Rabbah. But David stayed at Jerusalem. **2 Samuel 11:1 (NASB)**

### 1. SUFFERING WITH GUILT: PSALM 32

#### A. Silence

<sup>3</sup> When I kept silent *about my sin*, my body wasted away Through my groaning all day long. **Psalm 32:3 (NASB)**

<sup>18</sup> If I had ignored my sins, the Lord would not have listened to me. **Psalm 66:18 (TEV)**

#### B. Sorrow

<sup>4</sup> For day and night your hand was heavy upon me; my strength was sapped as in the heat of summer. Selah **Psalm 32:4 (NIV)**

#### C. Secrecy

<sup>14</sup> In the morning David wrote a letter to Joab and sent it with Uriah. <sup>15</sup> In it he wrote, "Put Uriah in the front line where the fighting is fiercest. Then withdraw from him so he will be struck down and die." **2 Samuel 11:14-15 (NIV)**

<sup>25</sup> David told the messenger, "Say this to Joab: 'Don't let this upset you; the sword devours one as well as another. Press the attack against the city and destroy it.' Say this to encourage Joab." **2 Samuel 11:25 (NIV)**

### 2. THE ACCUSATION OF GUILT: 2 SAMUEL 12:1-7

<sup>5</sup> David burned with anger against the man and said to Nathan, "As surely as the LORD lives, the man who did this deserves to die!" <sup>6</sup> He must pay for that lamb four times over, because he did such a thing and had no pity." <sup>7</sup> Then Nathan said to David, "You are the man!". **2 Samuel 12:5-7a (NIV)**

### 3. THE CONFESSION OF GUILT: PSALM 51

#### A. He Accepts Full Responsibility for His Sin(s)

<sup>1</sup> Have mercy upon me, O God, According to Your lovingkindness; According to the multitude of Your tender mercies, Blot out my transgressions. <sup>2</sup> Wash me thoroughly from my iniquity, And cleanse me from my sin. <sup>3</sup> For I acknowledge my transgressions, And my sin is always before me. <sup>4</sup> Against You, You only, have I sinned, And done *this evil* in Your sight-- That You may be found just when You speak, *And* blameless when You judge.

**Psalm 51:1-4 (NKJV)**

#### B. He Acknowledges the Sinfulness of Sin

- **Transgressions** – (vv. 1,3) = to revolt against God's law
- **Iniquity** (vs. 2) – the perversity of man's nature
- **Sin** (vv. 2b, 3, 4) = to miss the mark
- **Evil** (vs. 4) = a vile thing worthy only of condemnation

➤ Confession is all about naked honesty before God or before fellow Christians.

<sup>17</sup> The sacrifices of God *are* a broken spirit, A broken and a contrite heart-- These, O God, You will not despise. **Psalm 51:17 (NKJV)**

<sup>5</sup> I acknowledged my sin to You, And my iniquity I have not hidden. I said, "I will confess my transgressions to the LORD," And You forgave the iniquity of my sin. Selah **Psalm 32:5 (NKJV)**

#### C. He Addresses His Confession to God

<sup>4</sup> Against You, You only, have I sinned, And done *this evil* in Your sight-- That You may be found just when You speak, *And* blameless when You judge. **Psalm 51:4 (NKJV)**

### 4. THE ANSWER TO GUILT – PSALM 51:2-12

#### A. Removing the Sin – Psalm 51:2, 9

#### B. Restoring the Joy – Psalm 51:8, 12

#### C. Renewing the Fellowship – Psalm 51:11

#### D. Refocusing on the Future – Psalm 51:12; Psalm 32:1-2