

Sermon Notes for January 19, 2020

MANAGING YOUR BODY – 1 CORINTHIANS 6:12-20

SERIES: MANAGING LIFE'S MANAGEABLES

¹⁹ Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your body.

1 Corinthians 6:19-20 (NIV)

FOUR MOTIVATING TRUTHS ABOUT THE HUMAN BODY:

1. YOUR BODY IS A _____

¹³ "Food for the stomach and the stomach for food"--but God will destroy them both. The body is not meant for sexual immorality, but for the Lord, and the Lord for the body. ¹⁴ By his power God raised the Lord from the dead, and he will raise us also. **1 Corinthians 6:13-14 (NIV)**

2. YOUR BODY IS A _____

¹⁵ Do you not know that your bodies are members of Christ himself? Shall I then take the members of Christ and unite them with a prostitute? Never! **1 Corinthians 6:15 (NIV)**

3. YOUR BODY IS A _____

¹⁹ Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? **1 Corinthians 6:19 (NKJV)**

4. YOUR BODY IS A _____

¹⁹ Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰ you were bought at a price. Therefore honor God with your body.

1 Corinthians 6:19-20 (NIV)

A Key Question:

In what kind of body is _____?

¹ Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God--this is your spiritual act of worship. ² Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is--his good, pleasing and perfect will.

Romans 12:1-2 (NIV)